#### FOR PARENTS OF P1 TO P6 CHILDREN







# CYBER PARENTING: MANAGING SCREEN USAGE

### THE TRIPLE P WAY





Triple P is a parenting and family support strategy designed to prevent behavioural and emotional problems in children. It is based on 35 years of research and is regarded as the most effective evidence-based parenting programme. Join us in this webinar series and learn how to **manage your child's device usage and its influences positively!** 

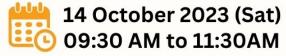
\*For Parents who reside or have children schooling in Bukit Batok, Bukit Panjang & Choa Chu Kang areas.

#### SESSION 1 [S1]

# 7 October 2023 (Sat) 09:30 AM to 12:00PM

- The Power of Positive Cyber Parenting - "You've got this!"
- Raising Confident and Competent Cyber Kids - "Worth more than the "LIKES".

## SESSION 2 [S2]



 Raising Resilient Children in a Digital World - The Art and Science of Parental Controls





#### POH EE-LYN SPEAKER

- Head of Fei Yue Families for Life @ Community
- Triple P Practitioner
- Master of Social Work (NUS), M.Div., RSW, member of AAFT (Australia)



# TAN SING WUING PANELLIST [S1] Clinical Psychologist

 MA (Clinical Psychology), BA (Hons, Psychology, Distinction), MSPS, MSRP, MSCP



## PANELLIST [S2]

- Practice Specialist, Conversational AI, Cloud Architect,
- BCM (Hons, 1st Class)



#### **SIGN UP NOW!**

Limited slots available. Registration closes on 2 Oct 2023.

https://go.fycs.org/ L2PriScreentime

For enquiries, please contact Helene Tan at helenetan@fycs.org or 97914100.