

FOR PARENTS OF P1 TO P6 CHILDREN

CYBER PARENTING: MANAGING SCREEN USAGE THE TRIPLE P WAY



CONDUCTED
ON ZOOM

Triple P is a parenting and family support strategy designed to prevent behavioural and emotional problems in children. It is based on 35 years of research and is regarded as the most effective evidence-based parenting programme. Join us in this webinar series and learn how to **manage your child's device usage and its influences positively!**

*For Parents who reside or have children schooling in Bukit Batok, Bukit Panjang & Choa Chu Kang areas.

SESSION 1 [S1]



7 October 2023 (Sat)



09:30 AM to 12:00PM

- The Power of Positive Cyber Parenting - *"You've got this!"*
- Raising Confident and Competent Cyber Kids - *"Worth more than the 'LIKES'."*

SESSION 2 [S2]



14 October 2023 (Sat)



09:30 AM to 11:30AM

- Raising Resilient Children in a Digital World - *The Art and Science of Parental Controls*





POH EE-LYN
SPEAKER

- Head of Fei Yue Families for Life @ Community
- Triple P Practitioner
- Master of Social Work (NUS), M.Div., RSW, member of AAFI (Australia)



TAN SING WUING
PANELLIST [S1]

- Clinical Psychologist
- MA (Clinical Psychology), BA (Hons, Psychology, Distinction), MSPS, MSRP, MSCP



KAM HAN WEN
PANELLIST [S2]

- Practice Specialist, Conversational AI, Cloud Architect,
- BCM (Hons, 1st Class)



SIGN UP NOW!

Limited slots available.
Registration closes on
2 Oct 2023.

[https://go.fyccs.org/
L2PriScreentime](https://go.fyccs.org/L2PriScreentime)

For enquiries, please contact Helene Tan at helenetan@fyccs.org or 97914100.