

# Triple P

Seminar Series

## Positive Parenting Programme



For parents  
 of primary  
 schoolers!

FREE

Conducted  
 Online via  
 Zoom!



Positive Parenting Programme is a **parenting and family support strategy** designed to prevent behavioural and emotional problems in children. Through this seminar series, you will learn practical tips on how to support your child in building their confidence, self-esteem and resilience.

SESSION	TOPIC	DATE	DAY/TIME
1	<b>The Power of Positive Parenting</b> <i>Learn about the five core principles of positive parenting.</i>	2 Mar 2024	Saturday, 2.30pm- 5.00pm
	<b>Raising Confident, Competent Children</b> <i>Help your child learn important values, skills and become better problem-solvers.</i>		
2	<b>Raising Resilient Children</b> <i>Help your child cope with negative feelings and bounce back from setbacks.</i>	9 Mar 2024	Saturday, 2.30pm- 4.30pm

\*For Parents who reside or have children schooling in Bukit Batok, Bukit Panjang & Choa Chu Kang areas.

Sign up at: <https://go.gov.sg/FeiYuePri>

Registration closes: 26 Feb 2024

Trainer: Michael Chua

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